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Registration Form for Social Teens (2 Groups)

Social Teens: (ages 13-18) This social skills group is designed for teens who are in high school who may present with emotional, behavioral, and/or social difficulties. Social skill topics addressed through facilitated instruction, and social practice opportunities include: recognizing feelings, moods, and emotions, stress, and anxiety; strategies to promote self-regulation, and coping skills; appropriate social practices that are typical to this age level, organizational, and executive functioning skills, initiating and sustaining appropriate social communication, perspective taking, conflict resolution, and problem solving skills. Monthly community trips, and social events are planned to promote the generalization of social skills across settings, and independent daily living skills. Examples of trips, and social events: bowling, trampoline parks, restaurants, mini-golf, cooking activities, holiday party planning for younger children, prom, dances, guest speakers for career exploration, etc. Sessions are scheduled weekly for 1 hour/15 minutes.

Tuition includes a monthly 75 minute parenting session which takes place while teens are in session. Workshop agendas will include topics raised by participants as well as by the facilitator relating to adolescent/teen development, emotional, behavioral and social skill development, executive functioning skill development, and the strategies and interventions to promote positive parenting skill acquisition.

Session Schedule: Thursdays from 5:15-6:30 Parent Program Schedule: 2nd Thursday of every month

Social Coaches: Kristin Normandin, B.S. and Jillian Goodrich, CAGS

Cost: \$55 per session

Parent/Caregiver Name(s): _____

Teen's Name/Age as of Sept. 2017: _____

Address: _____

Telephone: _____ **Email:** _____

Questions? Please email Lonnie at: lrouellette.peterpancenter@gmail.com or call 978/314-3647