

# Summer Social Skills Boot Camp 2020 – Ages 7-12

Participant Information:

Child's Name: \_\_\_\_\_

Age: \_\_\_\_\_

Parent Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, ST, Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_



Allergies or Dietary Restrictions? \_\_\_\_\_

Medications (example Epi Pen?) \_\_\_\_\_

New participants at the Center must meet our guidelines for participation on the waiver (see on back) and parents encouraged to schedule a visit prior to registering for our programs to ensure it is a good fit for their child. If your child is a little younger or older and you would like them to attend a specific week, we would be happy to discuss the possibility with you.

## The Peter Pan Center's Summer 2020 Social Skills Boot Camp – Ages 7-12

Check program choice(s) below. See descriptions on back of flyer.

<u>Program</u>	<u>Day(s)</u>	<u>Time</u>	<u>Dates</u>
<input type="checkbox"/> Week #1 – Boundary Brigade	T-W-TH	4:30-5:45 PM	7/7, 7/8 & 7/9/2020
<input type="checkbox"/> Week #2 – Self Control Soldiers	T-W-TH	4:30-5:45 PM	7/14, 7/15 & 7/16/2020
<input type="checkbox"/> Week #3 – Transition Troopers	T-W-TH	4:30-5:45 PM	7/21, 7/22 & 7/23/2020
<input type="checkbox"/> Week #4 – Reaction Recon	T-W-TH	4:30-5:45 PM	7/28, 7/29 & 7/30/2020
<input type="checkbox"/> Week #5 – Conversation Convoy	T-W-TH	4:30-5:45 PM	8/4, 8/5 & 8/6/2020
<input type="checkbox"/> Week #6 – Perspective Patrol	T-W-TH	4:30-5:45 PM	8/11, 8/12 & 8/13/2020
<input type="checkbox"/> Week #7 – Compromise Company	T-W-TH	4:30-5:45 PM	8/18, 8/19 & 8/20/2020
<input type="checkbox"/> Week #8 – Responsibility Rangers	T-W-TH	4:30-5:45 PM	8/25, 8/26 & 8/27/2020

Summer social skills boot camp will be facilitated by Donna Shea, Social-Emotional Learning Specialist. Email dshea.peterpancenter@gmail.com or call 978/413-1965 with questions.

Programs meet 3 days each week, with 8 different weeks/topics available. Tuition per week is \$225.00 and all materials are included. A minimum of 4 participants is required for a specific topic week to run.

Mail this form and a check made out to Donna Shea to:  
The Peter Pan Center, P.O. Box 312, Harvard, MA 01451

\$225/week x # of weeks = Total Tuition Due \$ \_\_\_\_\_

**Turn over for program descriptions and waiver – Thank you!**



## Program Descriptions by Week

Each week will include elements of direct instruction on the topic for the week, fun (promise!) games and activities to support what we are learning on that topic, and opportunities for practice and application of the focus skills using in-the-moment social coaching. Skills are taught in order from the basics and build each week to the higher-level skills.

<p><b>Week #1 – Boundary Brigade</b> We start boot camp with a week focused on building self-awareness, awareness of others and our environment. We will talk about physical boundaries, language boundaries, and invisible boundary rules that include adult authority figures.</p>	<p><b>Week #5 – Conversation Convoy</b> Now that we have taken a good look at ourselves, it's time to branch out and make sure we know how to talk with other people. We'll explore active listening and how to make it about the other person instead of own interests all the time, ask good questions and give reasonably timed answers, pay attention to our tone of voice and rate of speech.</p>
<p><b>Week #2 – Self Control Soldiers</b> All social interactions and environments require us to learn use self-control. We must develop power and control over our actions before we can properly interact with others. Self-modulation and making good choices will also be discussed in this second week of bootcamp.</p>	<p><b>Week #6 – Perspective Patrol</b> We are moving onto higher ground this week. We'll be thinking about what it is the other person may be thinking, learning about empathy and why it is so important, discussing different points of view, and learning how to state our own opinion or disagree in a respectful manner.</p>
<p><b>Week #3 – Transition Troopers</b> This week we focus on transitions, what they are, and how to create smooth instead of sticky ones. When we get stuck, hyper focus, or insist on finishing even when time is up, it has an impact on the other people around us.</p>	<p><b>Week #7 – Compromise Company</b> As our relationships grow deeper, there will always be a need to be able to collaborate and compromise. We can't always have our way and need to find ways to create a win-a-little for each side by learning conflict resolution and problem-solving skills. We will also discuss the important that when you make a deal, you don't break a deal.</p>
<p><b>Week #4 – Reaction Recon</b> We get command of emotions and reactions during this week of bootcamp. We will identify emotions, what our triggers are, learn to gauge the size of our reaction to the size of the problem and manage strong feelings.</p>	<p><b>Week #8 – Responsibility Rangers</b> We're getting ready to go back to school and face the responsibilities that come with being another year older. We have responsibilities to school and homework, family, sports teams, chores, and more. This week, we'll be gearing up to accept and manage those important responsibilities.</p>

### Waiver and Release of Liability for Program Participation at the Peter Pan Center

Please fill in and provide your signature below to allow your child to participate in programs at the Center.

I, \_\_\_\_\_ (parent's name), parent/guardian of \_\_\_\_\_ (child's name), hereby grant permission for his/her participation in programs at the Peter Pan Center and release the Peter Pan Center and Donna Shea and any other provider of this service, from liability for the standard type of unforeseeable accidents such as between-peer-child incidents, communicable colds, etc., "acts of God"/weather, and other similar accidents.

I also confirm that my child meets all the guidelines for participation (please check).

- My child is fluent in his/her expressive and receptive language skills
- My child does not need one-to-one attention for safety
- My child can transition in and out of the program and does not have a history of bolting
- My child does not have a history of significant physical or verbal aggression towards peers and others
- My child is interested in socializing with other children
- My child can independently take care of restroom needs



I understand that if my child has issues with bolting or aggression that I do not disclose and is aggressive with staff or other children or creates a dangerous situation by attempting to leave the Center, that my child need to discontinue participation in the program without a tuition refund.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_