

# The Peter Pan Center



## For Social & Emotional Growth

For more information or to set up a visit, contact:

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## Social Branches Program (Grades 2-6)\*

**Social Branches:** (Grades 2-6) The Social Branches programs focus on strengthening and deepening the roots of social learning for children in elementary school and early middle school. These facilitated non-clinical social practice groups provide a deliberately unstructured environment where recess is replicated. Participants are coached in the moment when social challenges occur and are giving new strategies and language to attain, maintain and generalize improved social skills through incidental learning. Our approach to social learning includes a blend of cognitive behavioral coaching, positive psychology and collaborative problem solving.

This program supports children in building social confidence, enhancing communication skills and improving perspective taking, conflict resolution, and problem-solving skills. Participants will be required to demonstrate basic social functioning prerequisite competencies that will be assessed at the initial parent meeting prior to participation. Social skills that are practiced and addressed through in-the-moment facilitation include: independent functional, and cooperative peer/group play skills, team skills (active engagement, social reciprocity, following group directions, etc.), social communication skills, socio-emotional skills (e.g. identifying, and expressing feelings, moods, and emotions), promoting self-regulation and developing community social skills.

**Parent Program:** included in the cost per session is a monthly parent update held during one social skills session each month. Workshop agendas are based on topics raised by participants, as well as the facilitator relating to child development, emotional, behavioral and social skill development, and the strategies and interventions to promote positive parenting skills.

### School Year Sessions Available September through June (meet weekly):

Ages 7-9: Sessions available on Tuesdays 4:30-5:45 PM or Wednesdays 4:30-5:45 PM

Ages 10-12: Sessions available on Mondays 4:30-5:45 PM or Thursdays 4:30-5:45 PM

**Tuition:** \$250.00/month (includes four 1.25-hour social skills groups and periodic parent update sessions)

\*We also have programs available for ages 3-6 and teens.