

# The Peter Pan Center



For Social & Emotional Growth

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629 Massachusetts Ave.  
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[www.peterpancenter.com](http://www.peterpancenter.com)

## Social Tweens Program

**Social Tweens:** (5<sup>th</sup>-6<sup>th</sup> Grade) This social skills group is designed for older children who are approaching or beginning middle school and is focused on the more complex skills required of middle school. Through facilitated practice, tweens are coached in the moment that social challenges occur and are given new strategies and language to attain, maintain and generalize improved social skills through incidental learning. This group supports tweens in building self-confidence, understanding the complexities of middle school socialization and improving perspective taking, conflict resolution, listening and problem-solving skills. Participants will be required to demonstrate basic social functioning prerequisite skills that will be assessed at the initial parent meeting prior to participation. Social skills that are practiced and addressed through in-the-moment facilitation include: independent functional, and cooperative peer/group skills, group skills (active engagement, social reciprocity, following group directions, etc.), social communication skills, socioemotional skills (e.g. identifying, and expressing feelings, moods, and emotions), promoting self-regulation, and developing community social skills.

**Parent Program:** included in the cost per session is a 75-minute monthly parent workshop held during one social skills session each month. Workshop agendas are based on topics raised by participants, as well as the facilitator relating to child/adolescent development, emotional, behavioral and social skill development, and the strategies and interventions to promote positive parenting skills.

**Day/Time:** Mondays 4:30-5:45 PM

**Tuition:** \$250.00 per month (includes four 1.25-hour social skills groups and monthly parent workshop)

For more information or to set up a parent visit to discuss our programs for your child, please email Donna at [dshea.peterpancenter@gmail.com](mailto:dshea.peterpancenter@gmail.com) or call 978/413-1965.

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